



A Thirst for Change: Beverage Innovation in Natural & Organic



By Informa Markets

Co-located with



A Thirst for Change: Beverage Innovation in Natural & Organic



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A Thirst For Change

Beverage Innovations



Meet Your Presenter

Scott Dicker

Market Insights Director
SPINS



For over 20 years, SPINS has been the leader in CPG data and applications for the Natural Products Industry.

In partnership with Circana					
Conventional					MATURE
Proprietary to SPINS					
Natural Grocery					INNOVATION
eCommerce					DIGITALLY NATIVE
Vitamins & Supplements					BREADTH & DEPTH
Neighborhood Pet					INNOVATION
Regional & Independent Grocery					LOCAL

SPINS ATTRIBUTES

Attribute prevalence and trend codifies each category to unlock unparalleled depth of insights from ingredient facts and allergens to cleanliness and diets

COLLECT

GENERATE



Consumer Facts

Servings

Ingredients & Servings

Manufacturer Info



Product Facts

e.g. Category, Size, Brand, Company, Packaging, Form, Brand Positioning, Product Type

Allergens & Sensitivities

e.g. Major 8 Allergen Free, Labeled Gluten Free, Labeled Grain Free, Tree Nuts, Lactose, Shellfish, Soy, Peanuts, Dairy, Thickeners and Stabilizers

Sustainability

e.g. Non-GMO Project Verified, Labeled Grass Fed, Organic, Fair Trade, Certified B-Corp, Certified Glyphosate Residue Free

Health & Wellness

e.g. Labeled Sprouted, Probiotics, Functional Ingredient, Sugar Ingredients, Monk Fruit, Certified Whole Grains Council

Lifestyle, Diets & Tribes

e.g. Paleo, Vegan, Fodmap, Keto, Vegetarian

Clean Label

e.g. Yellow No. 5, Nitrates, Artificial Sweeteners, High Fructose Corn Syrup, MSG, Para ben Free, Aluminum Free

Top Line Beverage Sales

\$ % Change L52 Weeks

NATURAL GROCERY

+5.7% Total Channel Sales

-3.0% Total Units

+8.9% ARP

CONVENTIONAL MULTI OUTLET (MULO)

+8.9% Total Channel Sales

-4.0% Total Units

+13.5% ARP

REGIONAL & INDEPENDENT GROCERY

+4.5% Total Channel Sales

-7.4% Total Units

+12.8% ARP

CROSS CHANNEL (MULO + NATURAL)

+8.8% Total Channel Sales

-4.0% Total Units

+13.4% ARP

Beverage as Medicine

Shoppers continue to rally behind beverages that are positioned to boost and support key health aspects. Watch for white space and innovation within categories to reboot shopper interest across the beverage aisle.

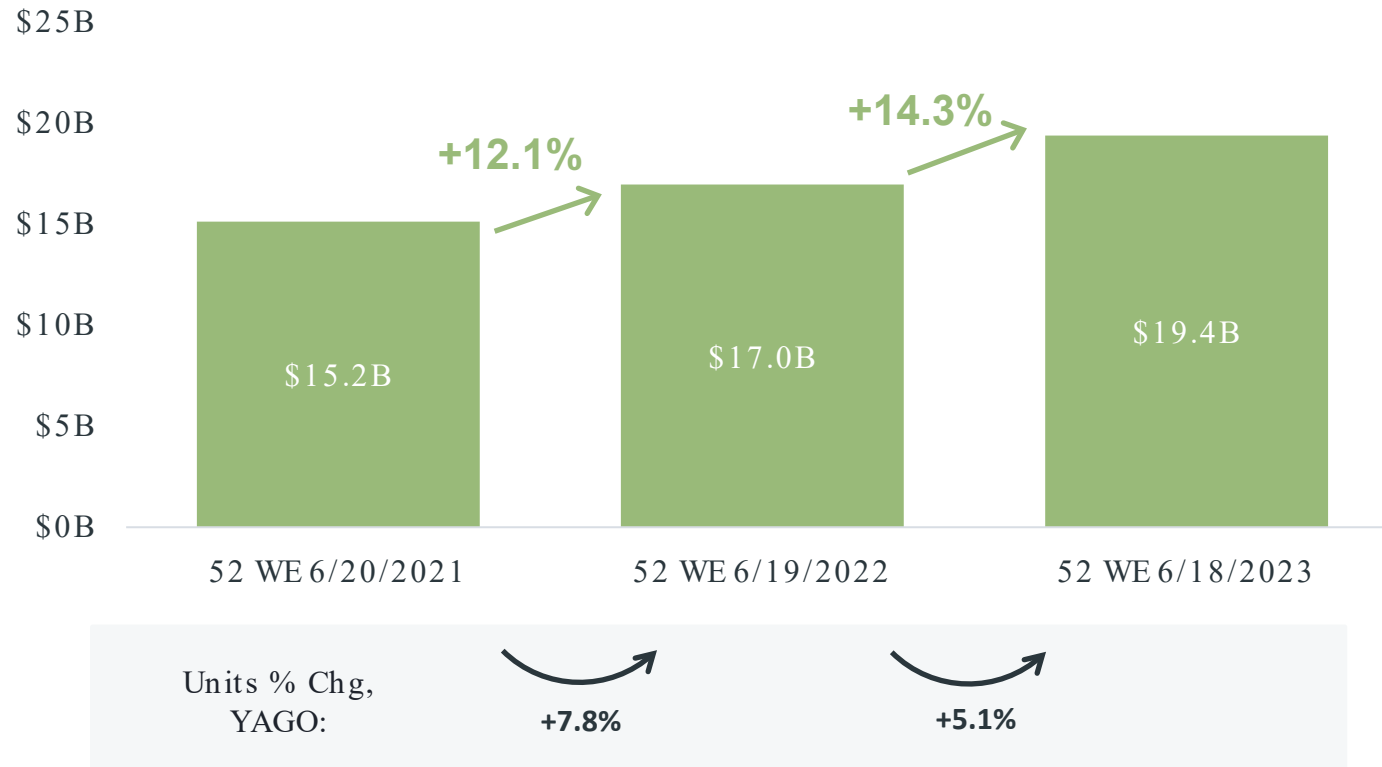
Top Performing Health Focuses Tracked in Beverage		
Health Focus	Sales	%growth YoY
Cleanse & Detox	\$15.6m	+37.6%
Mood Support	\$24.6m	+34.0%
Digestive Health	\$1.1b	+17.9%
Weight Loss	\$750k	+15.1%
Cognitive Health	\$51.8m	+13.4%
Pain & Inflammation	\$4.3m	+11.9%
Hydration	\$457m	+11.4%
Hair Skin & Nails	\$8.6m	+10.1%
Cold & Flu	\$71.3m	+7.4%
Immune Health	\$43.8m	+3.0%

Soda Category	
Health Focus	YoY Growth
Digestive Health	+209.8%
Performance	+22.9%
Mood Support	+14.5%
Water Category	
Health Focus	YoY Growth
Cold & Flu	+95.7%
Sleep	+83.3%
Digestive Health	+49.4%

Energy Drinks

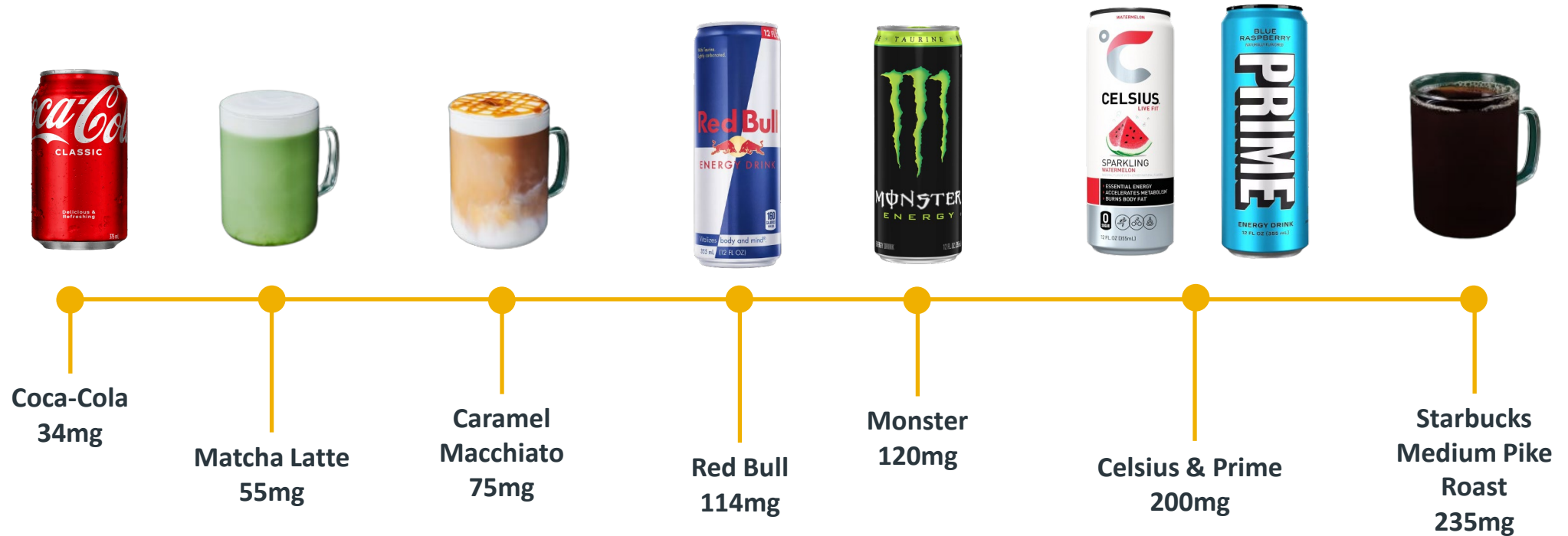
Three-Year Trend Insights

Sales Volume Growth



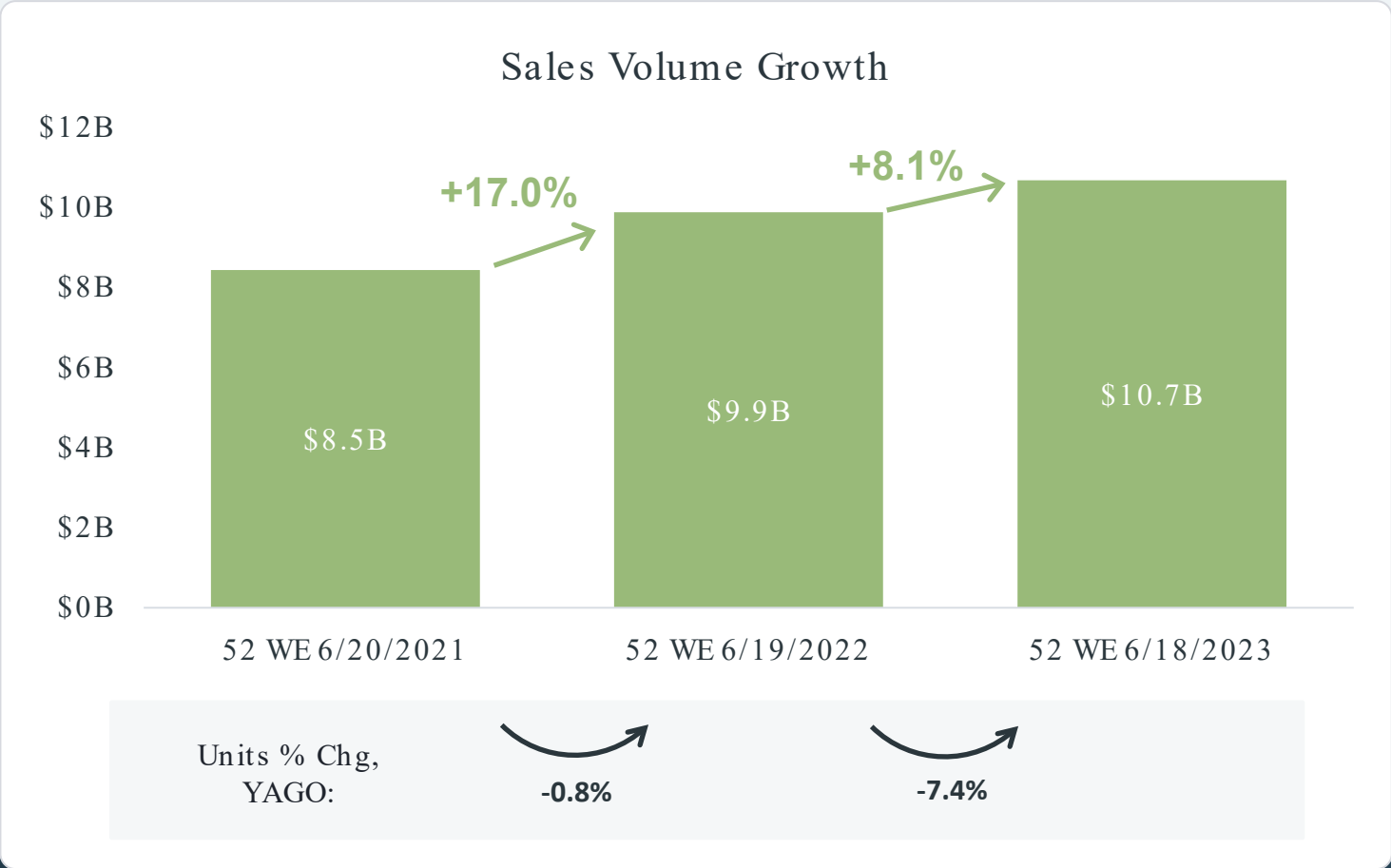
How much caffeine is in an energy drink?

*All caffeine amounts based on 12 fl oz. sizes



Sports & Rehydration Drinks

Three-Year Trend Insights

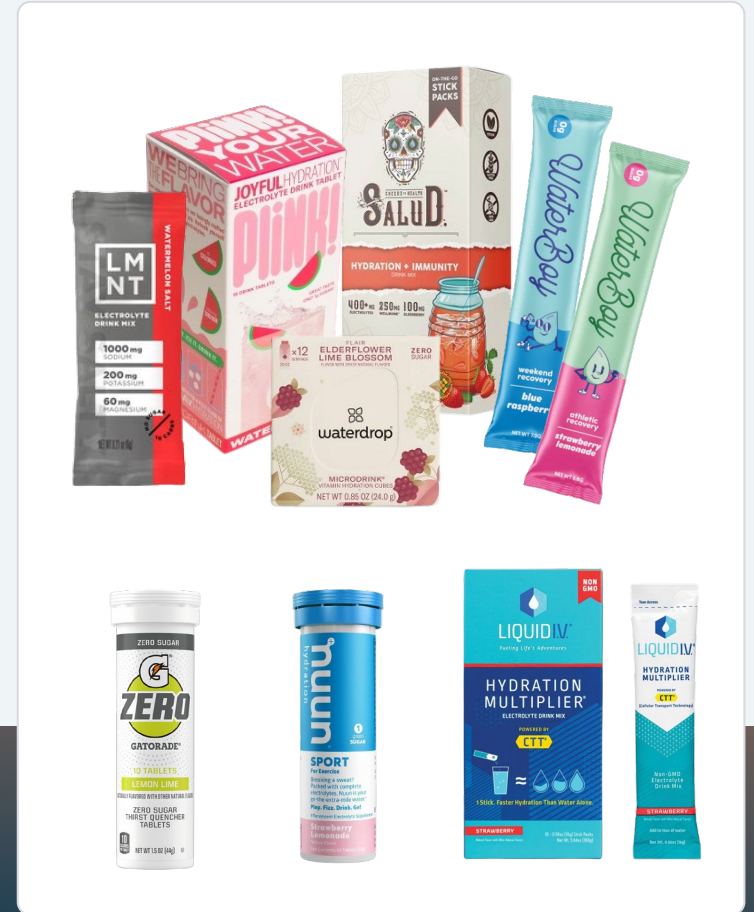
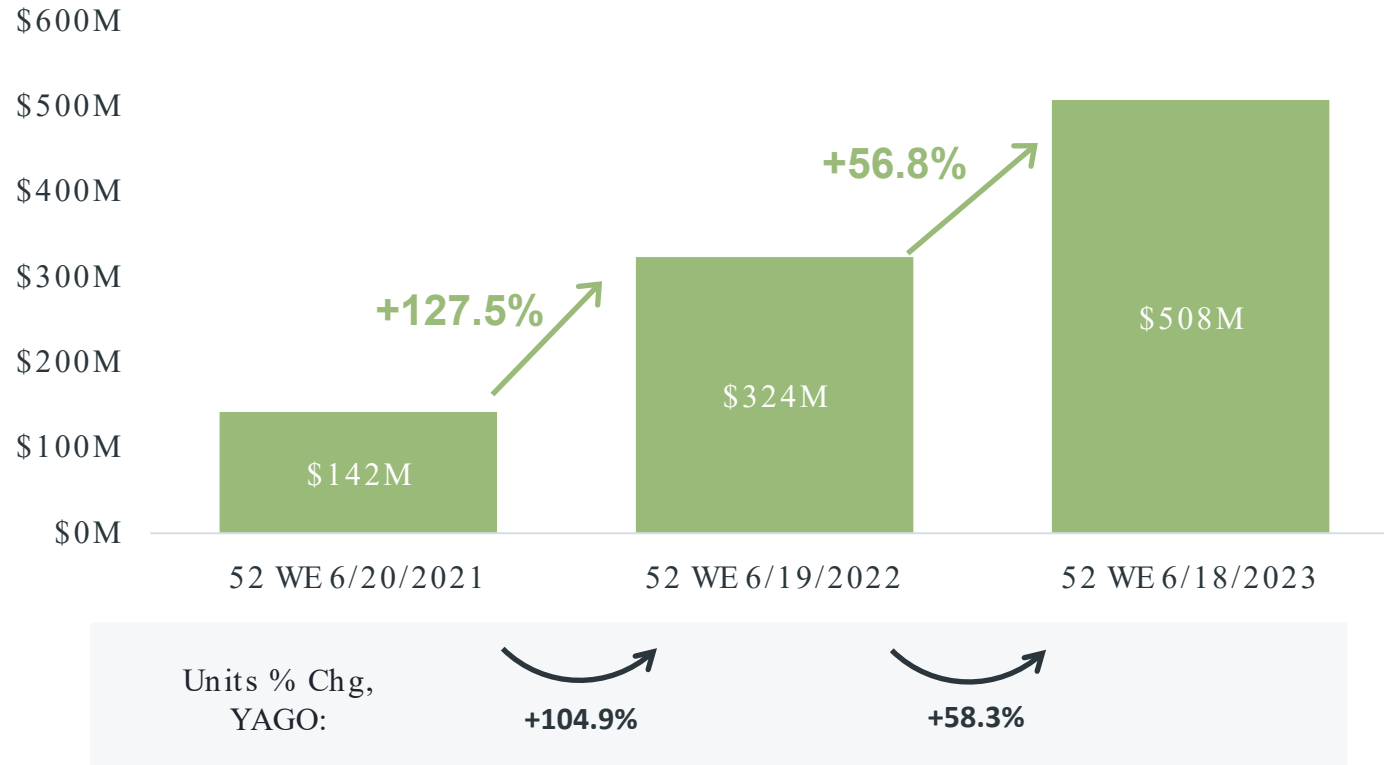


FOMO Marketing – The New LTO?

Hydration & Electrolytes

Three-Year Trend Insights

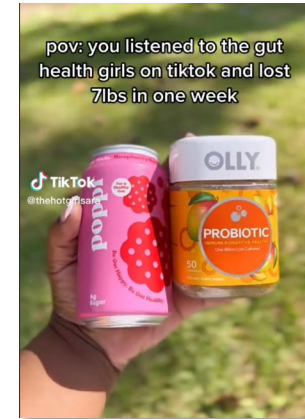
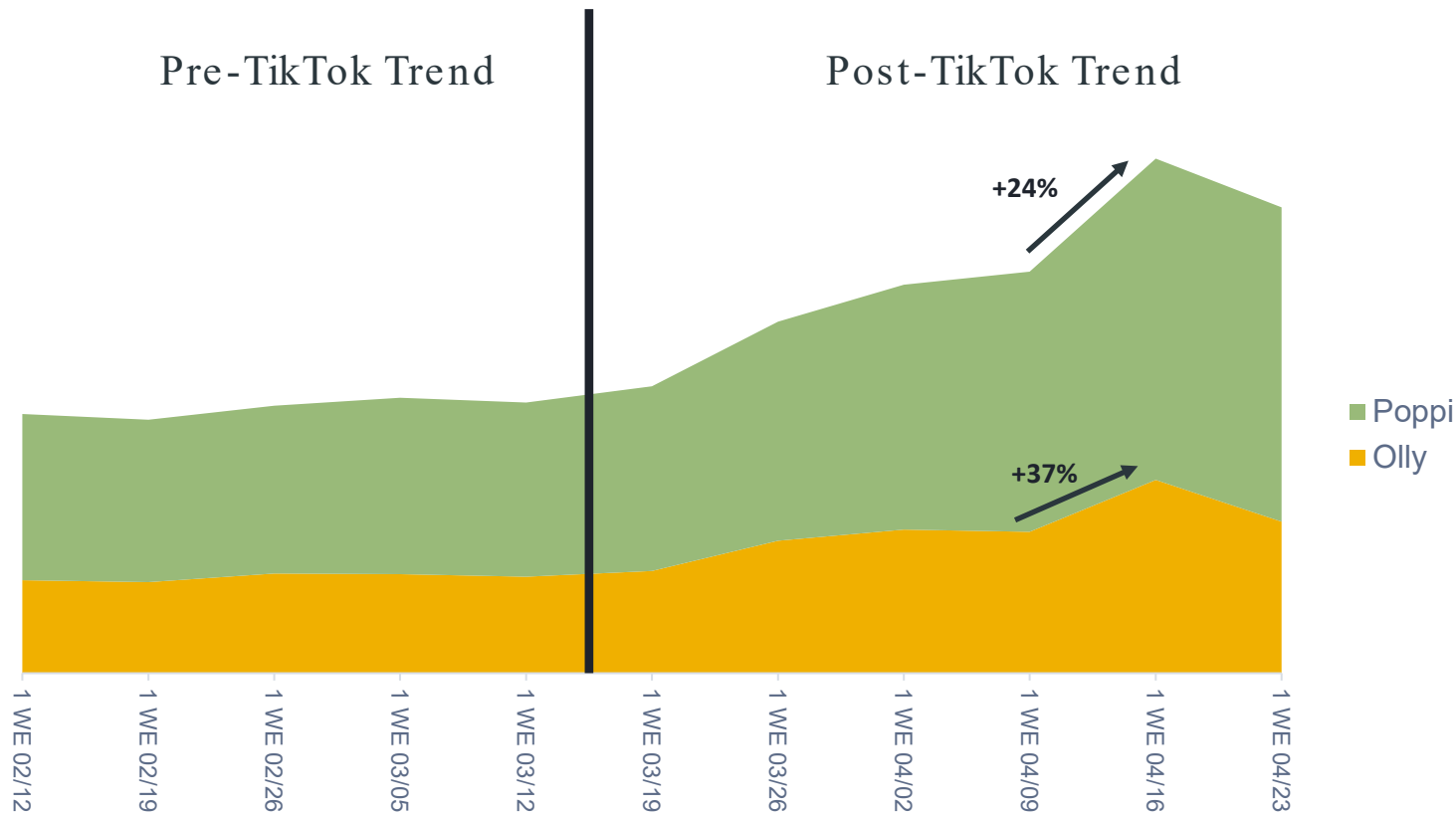
Sales Volume Growth



SOCIAL MEDIA TRENDS

TikTok Trend – Taking Poppi & Olly Probiotic Gummies together

Dollar Sales of Poppi & Olly



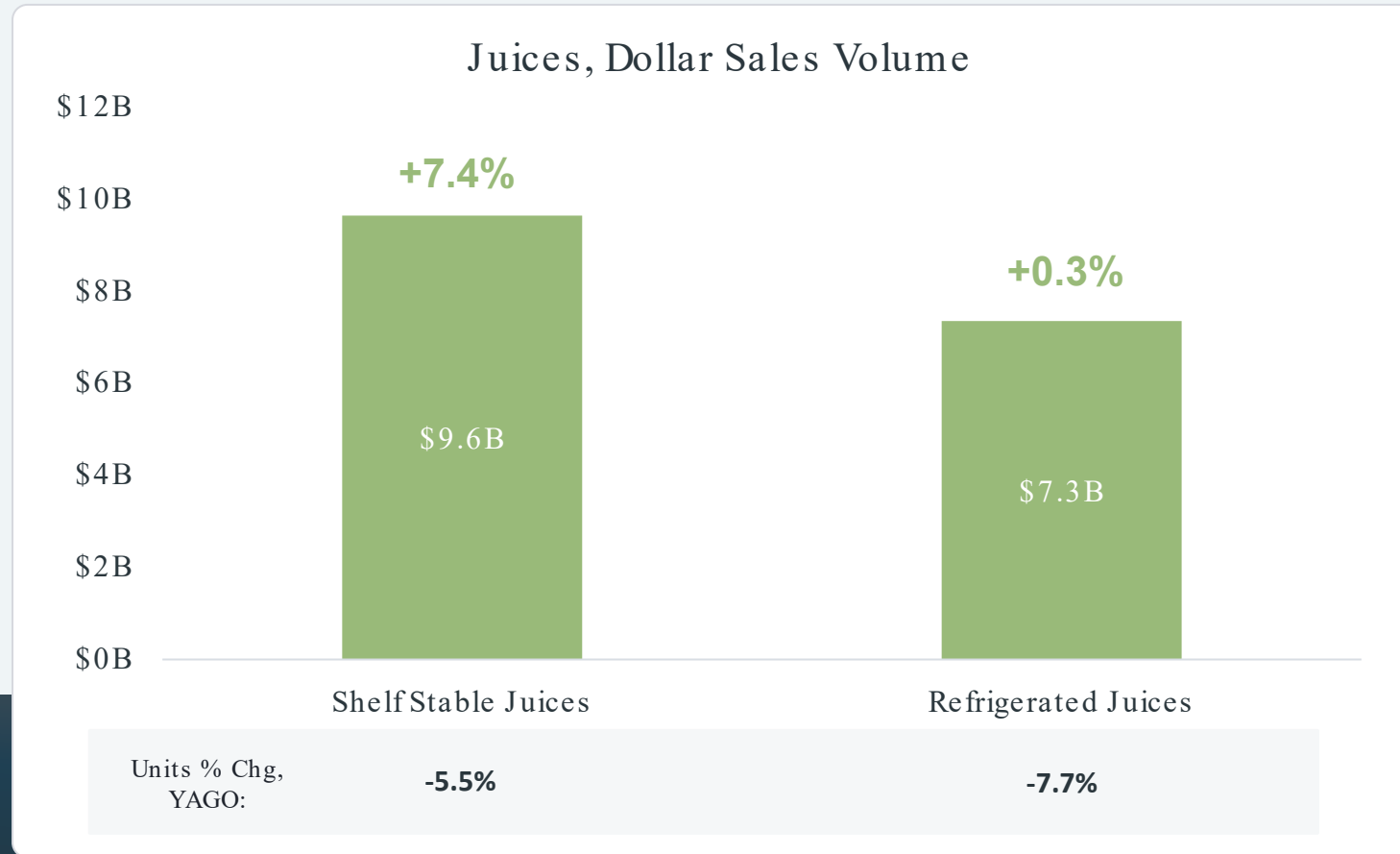
KK @_OnlyAshlieAnn · Mar 20
tiktok girlies said eat your **olly** gummy and drink a **poppi** everyday so ima try it and i must say that raspberry rose **poppi** is chefs kiss

Yana @_xobabygirlxo · Apr 10
Taking **olly** probiotics and drinking **Poppi** soda like tik tok told me and I've lost 6 pounds in 2 weeks. Why are they banning this informative app

Kassandra Ortiz @_kassandrita... · Apr 12
I hate Tik tok cause now i gotta go buy those **poppi** drinks and **olly** probiotics ugh

Juices

Though refrigerated and shelf stable juices are seeing an increase in dollar sales, unit sales are seeing a decrease. However, we've seen that juices that are certified organic have been able to keep unit sales steady.



Refrig. & Shelf Stable Juice

Type	Dollar Sales	Unit Sales
Certified Organic	+8%	+1%
Not Labeled Organic	+2%	-7%

* % Represents Dollar % Change YoY (vs same time LY)

Juices/Smoothies – Viral + Celebs + Wellness = \$

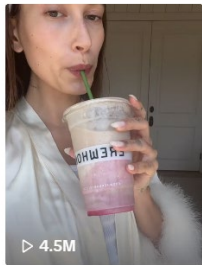
Erewhon has been seeing phenomenal success with their collaboration smoothies, typically with A-listers. The smoothies typically have a health/wellness angle as well and contain adaptogens/functional ingredients.

Smoothie Collabs with Celebs or Brands

Celeb + TikTok Virality

Hailey Bieber Smoothie

7.4M views



The HB Strawberry Glaze...

DETAILS INGREDIENTS

Milk almond milk, organic bananas, organic strawberries, organic avocado, organic dates, organic maple syrup, Vital Proteins vanilla collagen, vanilla stevia, sea moss, organic coconut creme, house made strawberry sauce.

- NEW** Erewhon: Hailey Bieber's Strawberry Glaze Skin Smoothie
- NEW** Erewhon: Cactus Plant Flea Market Smoothie
- Erewhon: Coconut Cloud Smoothie
- Erewhon: Becky G's Swirl-Chata

Smoothies feature branded products



Vito Antoci • 1st
Executive Vice President Erewhon
2h • Edited • 🗨️

Another amazing celebrity collaboration with Erewhon. Miranda Kerr and Erewhon created this amazing smoothie to celebrate a new launch in her cosmetic line. Who's next? If your brand that is sold at Erewhon and you want this type of marketing let me know.

Juice Collab with Skincare Brand - Origins



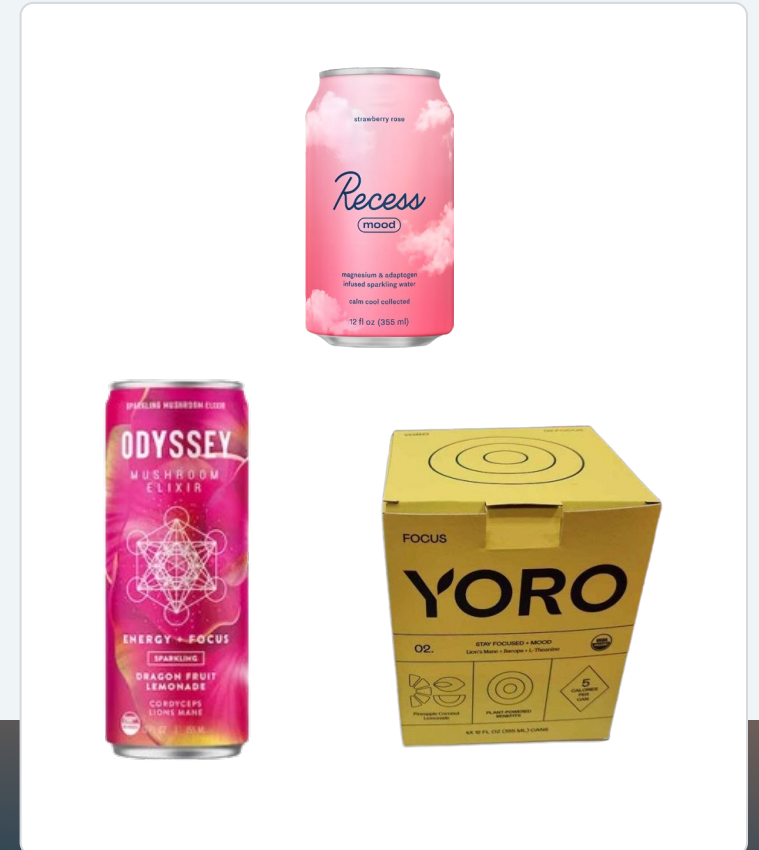
THE COLLAB YOU'VE BEEN WAITING FOR!

Introducing the Origins x Erewhon launch - the Dr. Weil for Origins™ Mega-Mushroom cold-pressed juice. The fungi-infused green juice contains a powerful blend of mushrooms: Chaga, Reishi and Tremella combined with organic fruits and vegetables including, Granny Smith apple, cucumber, pineapple, kiwi, spinach, broccoli, parsley, sea moss, and pearl powder.

Mushrooms - Fad or Trend?

Functional ingredients can fall in and out of favor – but here are some of the functional ingredients that are seeing both growth in terms of sales and units sold

RTD Beverages		
Functional Ingredient Minimum of 10 Distinct UPCs	YoY Growth	
	\$	Unit
Mushrooms – Other	+381%	+470%
Fiber – Other (Prebiotic)	+192%	+187%
Magnesium	+182%	+189%
Biotin	+156%	+167%
Cider Vinegar Supplements	+135%	+133%
Mushrooms – Reishi	+116%	+114%



What's new? - Increased innovation in familiar categories and functional beverages continue to be popular

Kombucha Reimagined



Kombucha but No Vinegary Taste



Kid-Positioned Kombucha

Functional Beverages





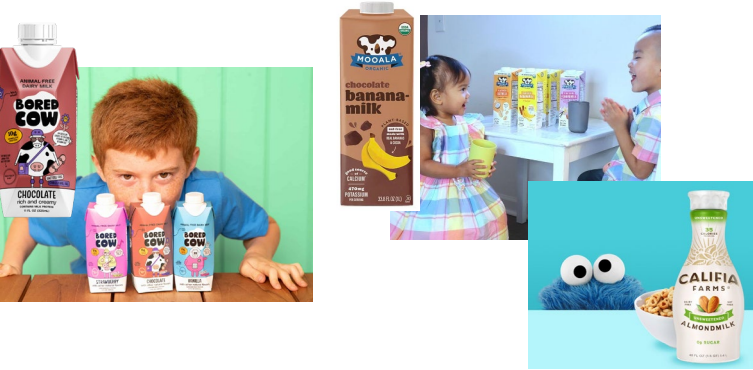






Muscle Recovery - HMB



All in One – Mood, Immunity, Cognition

Kids plant-based milk still niche, but larger beverage market exists for added nutrition & protein for kids

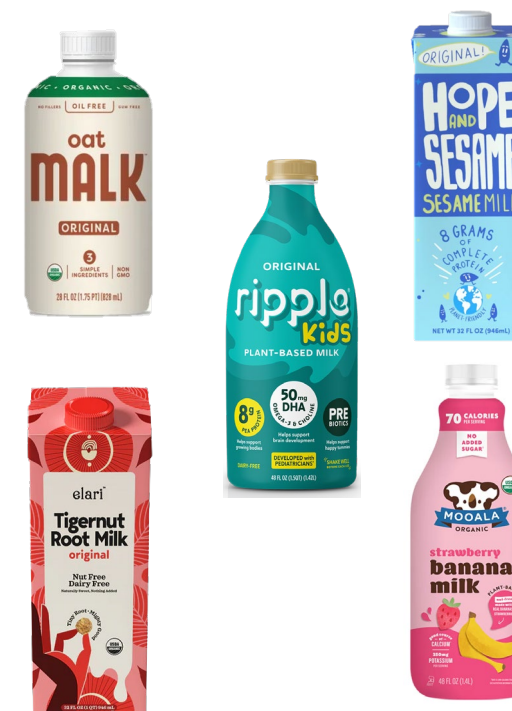
	Plant-Based		Animal-Based	
	Plant-Based Milk	Plant-Based Protein	Milk	Protein
For Kids Explicitly on Label				
Not explicitly for kids, but some kid marketing				
Not marketed for kids, but could be used for kids because of size				

Plant-Based Milk

Milk is feeling the impacts of inflation, but Oat, Coconut, Pea, and Other are bright spots with unique offerings that are driving growth and new interest in the category.

Type Performance Ranked by Volume			
RF & SS Plant-Based Milk	\$2.8B	+5%	-6%
Animal Type	Sales	\$ Chg YoY	U Chg YoY
Almond	\$1.3B	-2%	-14%
Oat	\$643M	+15%	+2%
Soy	\$175M	+4%	-11%
Coconut	\$137M	+38%	+26%
Pea	\$73M	+16%	+3%
Blend	\$70M	+2%	-11%
Cashew	\$45M	+6%	-14%
Rice	\$35M	-4%	-14%
Flax	\$12M	-8%	-15%
Other	\$4M	+11%	+6%

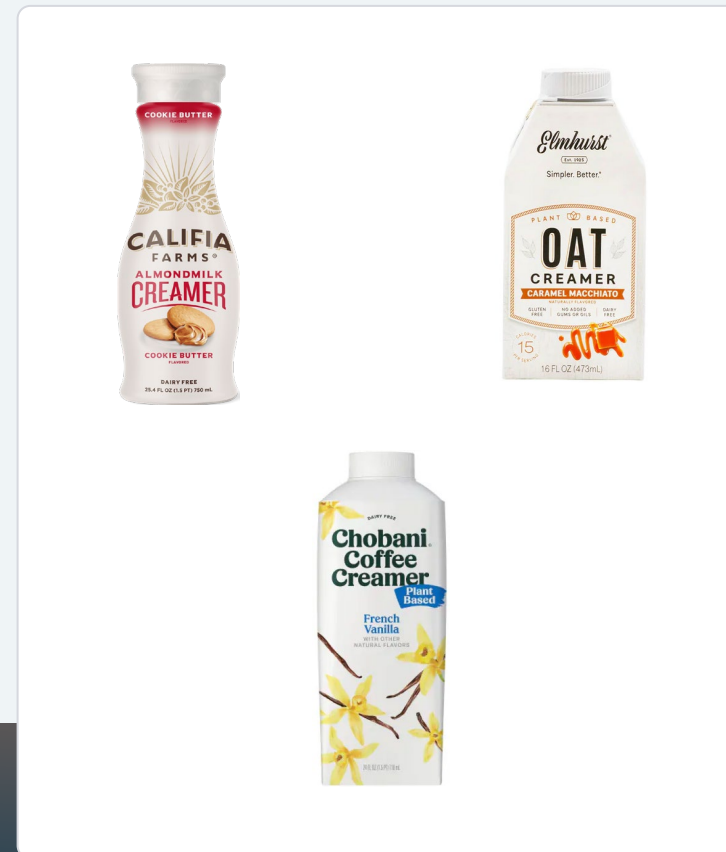
Bright Spots In Plant-Based Milks



Plant-Based Creams & Creamers

Plant-Based creamers are growing organically, but Oat and Pea-based creamers are seeing double digit growth in both dollars and units

Type Performance Ranked by Volume			
Type	Sales	\$ Chg YoY	U Chg YoY
PB Creams & Creamers	\$736M	+23%	+12%
Almond	\$233M	9.4%	-2.1%
Oat	\$201M	41.9%	31.8%
Blend	\$163M	13.6%	0.7%
Coconut	\$46M	-1.3%	-12.3%
Pea	\$33M	82.0%	66.1%
Soy	\$25M	-0.6%	-14.6%



Sweeter Than Sugar

RTD Beverage Dollar % Change L52 Weeks by Sweetener Type

+8.0%
RTD Beverage
Dollar % Change L52 Weeks

Sugar Alcohols

-4%	Sugar Alcohols
-3%	Erythritol

Natural Low/No Cal Sweeteners

+8%	Natural Low Cal Swt.
+186%	Allulose
+9%	Stevia
+2%	Monk Fruit

Artificial & Controversial Sweeteners

+10%	Artificial Sweeteners
+15%	Aspartame
+10%	High Fructose Corn Syrup
+3%	Sucralose

Sweeter Than Sugar

Industry giants continue to attempt reducing sugar in their products as they face heavy competition from upstart brands. Moreover, regulatory bodies are pushing for reduced sugar in products.

Capri Sun turns to monk fruit to cut sugar by 40%

By Rachel Arthur

01-Aug-2022 - Last updated on 01-Aug-2022 at 14:56 GMT



“

The FDA also will explore additional ways to reduce added sugars in foods to complement its requirement that added sugars be included on the Nutrition Facts label.

On November 6-8, 2023, the FDA will hold a [virtual meeting and listening sessions](#) on strategies to reduce added sugar consumption in the United States.

”

Good for the Planet

Dairy categories continue to raise the bar on increasingly resilient agriculture and production.

'Next Gen' Agriculture Practices are Category Disruptors

Concerns over climate change, soil health, and the effects of a heavy reliance on toxic chemicals have driven the popularity of regenerative agriculture which aims to restore and replenish soil health.

Dairy producers are among the early adopters and are bringing a highly visible sustainability message to shoppers and retailers.



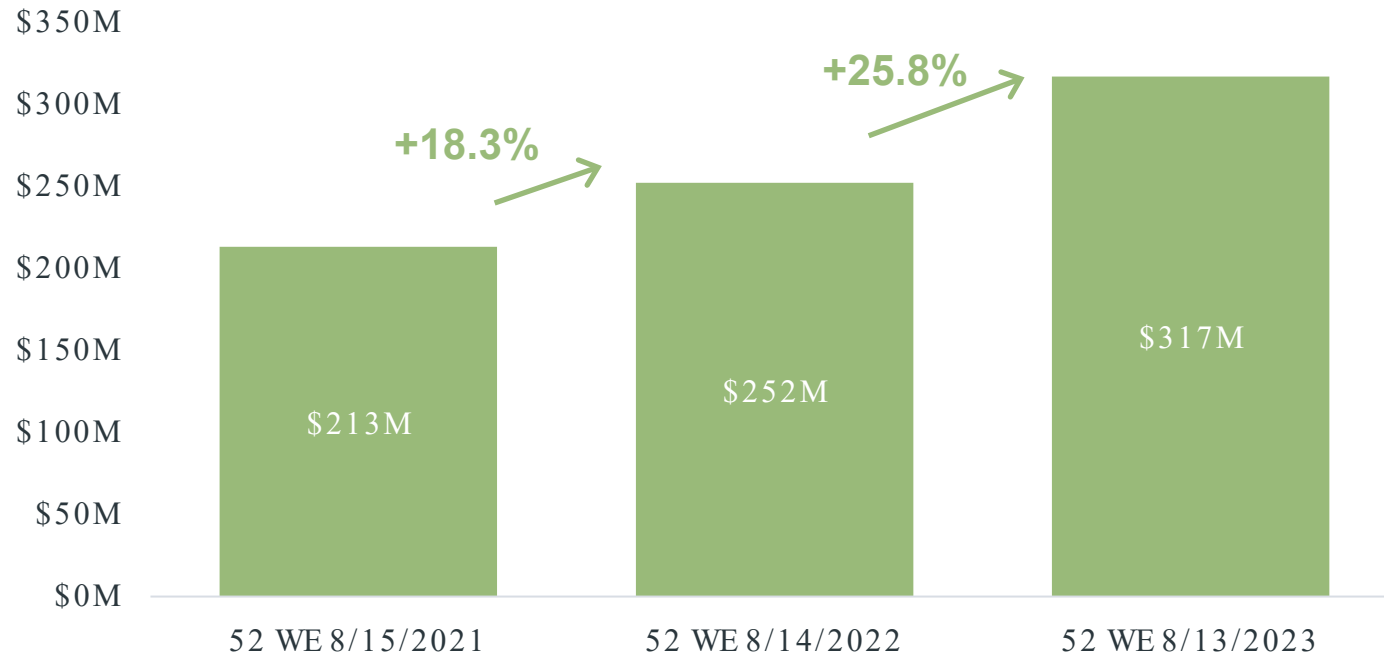
+93%
Milk

+53%
Refrigerated Eggs

- +407%** Certified Regenerative Organic
- +20%** Labeled Fair Trade
- +11%** Certified B Corp
- +16%** Labeled Antibiotic Free
- +7%** Labeled Animal Welfare
- +10%** Labeled Organic Ingredients
- +28%** Labeled Grass Fed
- +12%** Certified Non-GMO Project

Non-Alcoholic Beverages Seeing Strong Growth

Adult NA Bev Sales Volume Growth

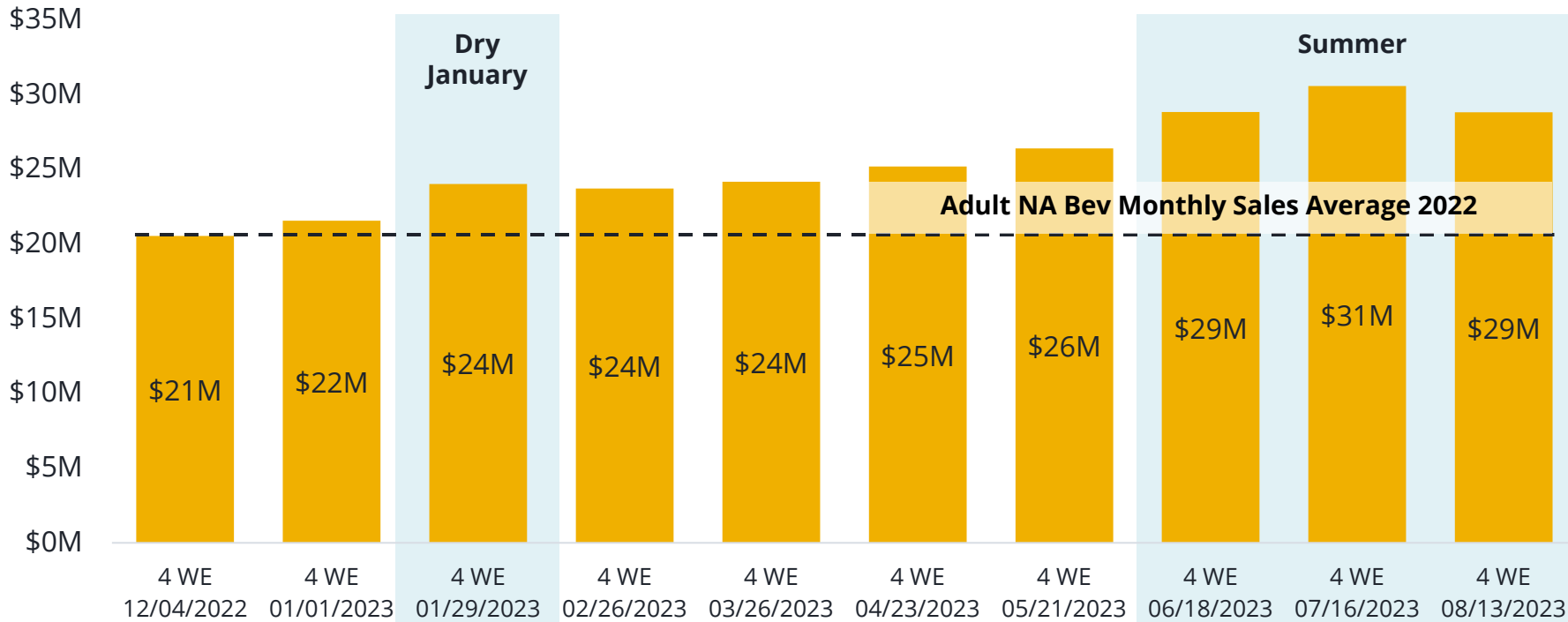


* % Represents Dollar % Change YoY (vs same time LY)

Non-Alcoholic Adult Beverages continue a steady rise

Increasingly, consumers are understanding the negative impacts of alcohol on health and the benefits of drinking less. We see NA sales continuing to climb higher in the summer months than dry January, beating out last year's record summer monthly average sales. (~\$22.4M).

NA Adult Bev Sales Volume Growth



34% are trying to **DRINK LESS** in 2023

28% have tried to **BREAK UP** with alcohol

1 in 4 know about the **SOBER CURIOUS** Movement

63% learned from social media

56% of Non-Drinkers just don't want to drink.

70% of Gen Z.

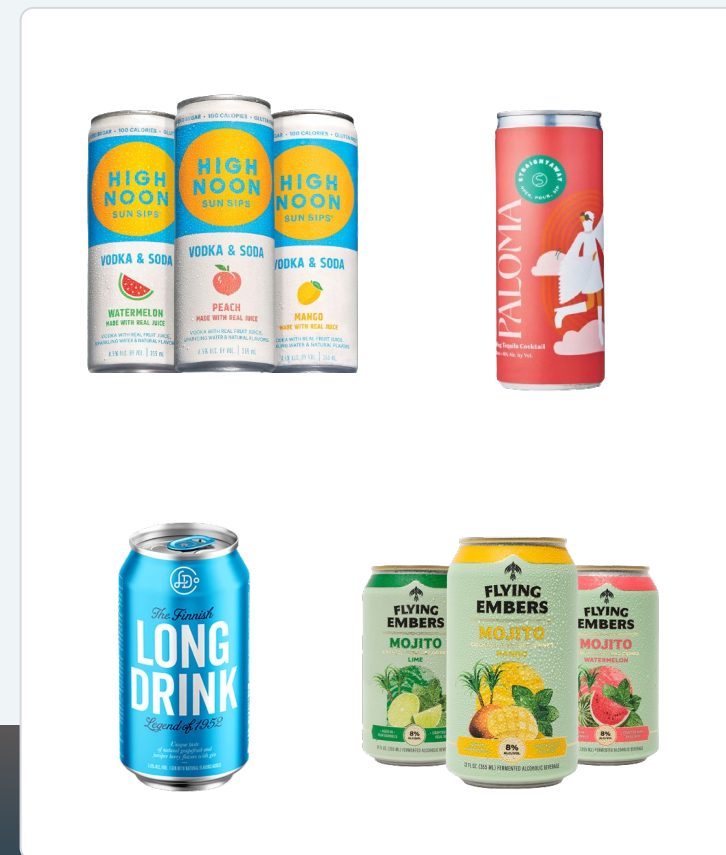
Only 17% use marijuana, only 11% Gen Z

Source: SPINS Natural Channel, MULO (powered by Circana), 52 Weeks Ending 8/13/2023

RTD Cocktails are on the rise

In the alcohol department, almost all subcategories have seen a decline in units, with the exception of RTD cocktails. The subcategory has seen a steady rise since 2020.

Alcohol Department	\$43B	+1%	-3%
Subcategory	Sales	\$ Chg YoY	U Chg YoY
Beer	\$16B	+2%	-3%
Spirits & Liquor	\$7B	+2%	+0%
Red Wine	\$6B	-2%	-6%
White Wine	\$5B	+1%	-4%
Flavored Malt Bev. & Others	\$3B	-7%	-7%
Sparkling Wine	\$2B	+0%	-4%
RTD Cocktails	\$1B	+28%	+13%
Blush & Rose Wine	\$846M	-5%	-9%
Fortified & Other Specialty Wine	\$661M	-0%	-2%
Hard Cider	\$334M	+2%	-7%
Cocktail Mixes	\$302M	+2%	-7%
Bitter & Syrups & Others	\$71M	+6%	-5%



Key Takeaways

1

Continued
reimagining of
energy drinks

2

New options
for relaxing
without booze

3

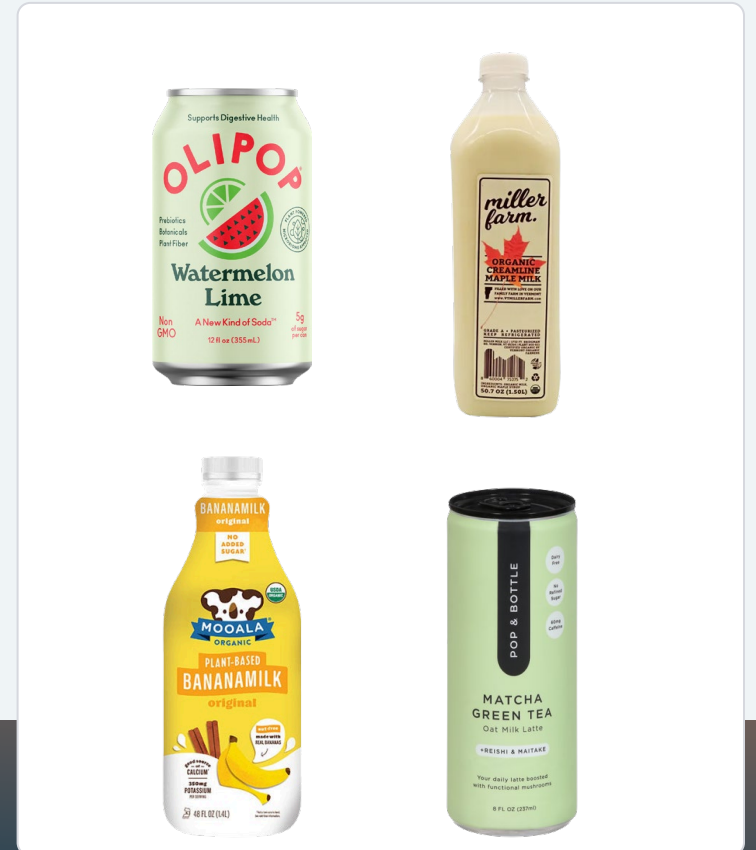
Functional
Beverage
lifecycle quick
from popular
supplements

4

Keep an eye out
for sweeteners

Flavor Growth in RTD Beverages

RTD Beverages		
Flavor Minimum of 10 Distinct UPCs	YoY Growth	
	\$	Unit
Maple	+239%	+255%
Pumpkin/Pumpkin Spice	+104%	+85%
Banana	+65%	+54%
Matcha	+47%	+29%
Kiwi	+25%	+15%
Watermelon	+16%	+7%





Thank you!

For more information, contact
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